

MEDICAL EXAMINATION FORM

Swiss life insurance companies

Please note

- We ask **the physician** to go through these questions together with the applicant and fill in the answers himself / herself if possible.
- Please use **block letters and write legibly**. Thank you.
- Insurers are prohibited by law from requesting the results of antenatal or **presymptomatic genetic tests** (testing to see whether a person is predisposed to illness before symptoms appear) unless certain conditions are met. If the preconditions for the right to ask questions are met, the investigation shall be carried out by using a separate form. Therefore, such findings do not have to be specified in the present questionnaire. Results which are voluntarily submitted may not be used by the insurers. **Genetic examinations for diagnostic purposes**, i. e. to clarify symptoms of illness which have already occurred, are not affected by this legal provision and must be declared.

GLN

Policy- / application no.

Applicant's personal details

| | | | |
|---------|-----------|---------------|---------------------------------------|
| Surname | Firstname | Date of birth | Description of the current occupation |
| | | | |
| Address | Postcode | City | Country |
| | | | |

Medical history

| No. | Questions | No | Yes | If yes, please explain in detail (for all questions) |
|-------|--|-----------------------|-----------------------|---|
| 01 | Do you exercise or practise sport regularly? | <input type="radio"/> | <input type="radio"/> | Which? <input type="text"/> How often? <input type="text"/> |
| 02 | Have you consumed or smoked tobaccos or nicotine in any other form in the past 3 years? | <input type="radio"/> | <input type="radio"/> | <input type="checkbox"/> Cigarettes <input type="checkbox"/> E-Cigarettes <input type="checkbox"/> Cigars <input type="checkbox"/> Pipe <input type="checkbox"/> Something else (e. g. water pipe, chewing tobacco, nicotine patch) What? Daily amount? <input type="text"/> When was the last time? <input type="text"/> |
| 03 | Do you drink alcohol? | <input type="radio"/> | <input type="radio"/> | Which drinks? <input type="text"/> How much? <input type="text"/> How often? <input type="text"/> |
| 04 | Are you or have you been, in the last 10 years, in consultation or treatment in connection with your consumption of alcohol (incl. special clarifications / examinations / advising centre)? | <input type="radio"/> | <input type="radio"/> | When? <input type="text"/> By whom? Name and address <input type="text"/> |
| 05 | Do you take drugs or have you taken any in the past 10 years? | <input type="radio"/> | <input type="radio"/> | Which? <input type="text"/> How often? <input type="text"/> How long? <input type="text"/> When was the last time? <input type="text"/> |
| 06 | Do you take medication regularly or repeatedly or have you done so in the past 5 years or have been described medications in the same period? | <input type="radio"/> | <input type="radio"/> | Which? <input type="text"/> How often? <input type="text"/> Why? <input type="text"/> From when to when? <input type="text"/> |
| 07 a. | Have you ever been hospitalised? | <input type="radio"/> | <input type="radio"/> | Why? <input type="text"/> When? <input type="text"/> |
| b. | Did you undergo endoscopies of the joints or body cavities, catheter examinations or other surgical procedures? | <input type="radio"/> | <input type="radio"/> | Why? <input type="text"/> When? <input type="text"/> |
| c. | Do you currently present any illnesses / health conditions / consequences of accidents? | <input type="radio"/> | <input type="radio"/> | Which? <input type="text"/> |
| d. | Is your ability to work or gain income limited in any way? | <input type="radio"/> | <input type="radio"/> | Why? <input type="text"/> Since when? <input type="text"/> Degree / Extent? <input type="text"/> |
| e. | Have you been completely or partially unable to work without interruption for more than 4 weeks during the last 5 years? | <input type="radio"/> | <input type="radio"/> | Why? <input type="text"/> From when to when? <input type="text"/> |
| f. | Did you ever apply for any medical, educational, professional or other measures at an insurance? | <input type="radio"/> | <input type="radio"/> | Which insurance? <input type="text"/> When? <input type="text"/> Why? <input type="text"/> |
| 08 | Have your parents, siblings or grandparents had any diseases of the nervous system, cardiac diseases, strokes, diabetes, cancer or hereditary diseases before the age of 55? | <input type="radio"/> | <input type="radio"/> | Which disease(s)? <input type="text"/> How many persons? <input type="text"/> |

Date and signature of the applicant

Date

Signature

| No. | Questions | No | Yes | If yes, please explain in detail (for all questions) | | |
|-----|---|-----------------------|-----------------------|--|----------------------------|---|
| | | | | Which? | When? Duration? Cured? | Physicians / other therapists with addresses: |
| 09 | Do you or did you have, in the last 10 years, any diseases, disorders or problems connected with | | | | | |
| a. | the respiratory organs , such as asthma, recurrent or chronic bronchitis, pneumonia, pulmonary tuberculosis or other problems? | <input type="radio"/> | <input type="radio"/> | | | |
| b. | the heart or vascular system , such as high blood pressure, circulatory problems, heart attack, heart defect, heart failure, cardiac dysrhythmia, stroke, phlebitis, varicose veins or other problems? | <input type="radio"/> | <input type="radio"/> | | | |
| c. | the digestive system , such as hiatus hernia, gastric or intestinal ulcer / inflammations / haemorrhages, haemorrhoids, jaundice, diseases of the liver, gall bladder, pancreas or other problems? | <input type="radio"/> | <input type="radio"/> | | | |
| d. | the urinary tract or sexual organs , such as diseases of the kidneys, ureters, bladder, prostate or testicles, uterus or ovary diseases, illnesses of the female breast, kidney / bladder stones, blood or protein in the urine or other problems? | <input type="radio"/> | <input type="radio"/> | | | |
| e. | the nervous system , such as epilepsy, dizziness, headache, paralysis, neuritis or other problems? | <input type="radio"/> | <input type="radio"/> | | | |
| f. | the mental state , i. e. mental disorders such as depression, anxiety, stress, eating or psychosomatic disorders, burnout or other problems? | <input type="radio"/> | <input type="radio"/> | | | |
| g. | the musculoskeletal system (bones, joints, spine, intervertebral discs, muscles, ligaments, tendons), such as disorders of the back, neck or shoulders, arthrosis, rheumatism or other problems? | <input type="radio"/> | <input type="radio"/> | | | |
| h. | the eyes , such as decreased visual acuity or refraction power, cataract (lens opacity) or glaucoma, retinal disease or other disorders? | <input type="radio"/> | <input type="radio"/> | Diopters: left <input type="text"/> /right <input type="text"/> | | |
| i. | the ear , such as hearing difficulties, inflammation, tinnitus or other disorders? | <input type="radio"/> | <input type="radio"/> | | | |
| j. | the metabolism or blood , such as diabetes mellitus, elevated cholesterol, gout, hormonal disturbances (thyroid gland, adrenal glands), anaemia, coagulation disturbances or other disorders? | <input type="radio"/> | <input type="radio"/> | | | |
| k. | the immune system or infectious diseases, such as HIV infection, sexually transmitted diseases, hepatitis, Lyme disease, tropical diseases or other disorders? | <input type="radio"/> | <input type="radio"/> | | | |
| l. | due to skin disorders or allergies , e.g. to foods, pollen, animal hair or others? | <input type="radio"/> | <input type="radio"/> | | | |
| m. | due to tumour diseases (benign or malignant)? | <input type="radio"/> | <input type="radio"/> | | | |
| n. | due to deformities or congenital defects ? | <input type="radio"/> | <input type="radio"/> | | | |
| o. | due to consumption of or dependence on medications, alcohol, drugs or other addictive substances? | <input type="radio"/> | <input type="radio"/> | | | |
| p. | other illnesses, disorders or problems not listed above? | <input type="radio"/> | <input type="radio"/> | | | |
| 10 | Have you ever attempted suicide? | <input type="radio"/> | <input type="radio"/> | | | |
| 11 | Are there medical consultations or treatments, a hospital stay or any surgery currently planned or recommended? | <input type="radio"/> | <input type="radio"/> | Why? <input type="text"/> | | |
| 12 | Have you consulted any physicians, chiropractors, osteopaths, physiotherapists, psychotherapists or other medical experts in the last 5 years that have not already been mentioned? | <input type="radio"/> | <input type="radio"/> | Names and exact addresses <input type="text"/> | When? <input type="text"/> | Cured? <input type="text"/> |
| 13 | Which physician did you last consult? | | | ⇒ Names and exact addresses <input type="text"/> | | |
| | | | | ⇒ Why? <input type="text"/> | When? <input type="text"/> | Results? <input type="text"/> |
| 14 | Which physician is most familiar with your medical history? | | | ⇒ Names and exact addresses <input type="text"/> | | |

I hereby declare that I have answered the above questions 1 to 14 honestly and completely. The validity of the contract depends on the questions being answered correctly and completely. I authorise any doctors, medical institutions and insurance bodies approached by the company to provide any information necessary for consideration of the application.

Place Date Signature of the applicant

I hereby confirm that I have handled each question above together with the applicant.

Place Date Signature of the physician

Medical evaluation of case history:

Medical examination including urinalysis

Please indicate and detail all pathological or abnormal findings. Thank you.

| No. Questions | No | Yes | If yes, please explain in detail (for all questions) |
|--|-----------------------|-----------------------|--|
| 15 a. Date of medical examination: | | ⇒ | <input style="width: 80px;" type="text"/> |
| b. Do you personally know the person to be insured? | <input type="radio"/> | <input type="radio"/> | Personally known since: <input style="width: 80px;" type="text"/> Identity checked on the basis of: <input type="radio"/> Passport <input type="radio"/> ID <input type="radio"/> Driving licence <input type="radio"/> Residence permit |
| c. Have you yourself previously examined or treated the applicant? | <input type="radio"/> | <input type="radio"/> | When? <input style="width: 400px; height: 30px;" type="text"/> Why? <input style="width: 400px; height: 30px;" type="text"/> Results? <input style="width: 400px; height: 30px;" type="text"/> |
| 16 Height (without shoes) / Weight (without clothes) | | ⇒ | <input style="width: 80px;" type="text"/> cm <input style="width: 80px;" type="text"/> kg |
| 17 Skin Are there any signs of skin disease or scars? | <input type="radio"/> | <input type="radio"/> | |
| 18 Respiratory Organs | | | |
| a. Are the results of percussion and auscultation abnormal? | <input type="radio"/> | <input type="radio"/> | Cause? <input style="width: 400px; height: 20px;" type="text"/> |
| b. Are there any signs of disease of the respiratory organs? | <input type="radio"/> | <input type="radio"/> | |
| 19 Heart and Circulation | | | |
| a. Is there a heart murmur? | <input type="radio"/> | <input type="radio"/> | If yes: <input type="radio"/> systolic <input type="radio"/> diastolic |
| Point of maximum intensity and transmission? | | ⇒ | <input style="width: 400px; height: 20px;" type="text"/> |
| Is the heart murmur pathological? | <input type="radio"/> | <input type="radio"/> | |
| b. Are there audible carotid murmurs? | <input type="radio"/> | <input type="radio"/> | |
| c. Pulse rate, blood pressure | | ⇒ | Beats per minute <input style="width: 80px;" type="text"/> |
| | | ⇒ | Blood pressure in mmHg <input style="width: 80px;" type="text"/> systolic / <input style="width: 80px;" type="text"/> diastolic |
| Please repeat measurement if the result is over 135 / 85 mmHg | | ⇒ | Blood pressure, 2nd reading <input style="width: 80px;" type="text"/> / <input style="width: 80px;" type="text"/> |
| d. Pulse rhythm | | ⇒ | <input type="radio"/> regular <input type="radio"/> irregular |
| e. Are there audible vascular sounds? | <input type="radio"/> | <input type="radio"/> | Where? <input style="width: 400px; height: 20px;" type="text"/> |
| f. Is pulsation of the pedal arteries absent or diminished? | <input type="radio"/> | <input type="radio"/> | |
| g. Are there any signs of insufficiency or decompensation (shortness of breath, cyanosis)? | <input type="radio"/> | <input type="radio"/> | |
| h. Are there any varicose veins or signs of chronic venous insufficiency? | <input type="radio"/> | <input type="radio"/> | |

Date and signature of the physician

Date

Signature

| No. | Questions | No | Yes | If yes, please explain in detail (for all questions) |
|-----|---|-----------------------|----------------------------|--|
| 20 | Digestive Organs and Abdomen | | | |
| | a. Are there any abnormalities of the teeth, tongue, tonsils, mucous membrane or throat? | <input type="radio"/> | <input type="radio"/> | |
| | b. Are there any abnormalities on examination, palpation, percussion and auscultation of the abdomen? | <input type="radio"/> | <input type="radio"/> | |
| | c. Is there a hernia? | <input type="radio"/> | <input type="radio"/> | |
| 21 | Urinary Tract and Sexual Organs | | | |
| | a. For male applicants: Is there any suspicion of disease of the urinary tract or sexual organs? | <input type="radio"/> | <input type="radio"/> | |
| | b. For female applicants: Is there any suspicion of disease of the urinary tract or sexual organs, pathological breast abnormalities or is the applicant pregnant? | <input type="radio"/> | <input type="radio"/> | |
| 22 | Nervous System / Sense Organs | | | |
| | a. Are there any signs of disease of the sense organs, particularly diminished sight or hearing? | <input type="radio"/> | <input type="radio"/> | |
| | b. Are there any indications of neurological diseases, disorders or insufficiencies e. g. motor function, reflexes, sensitivity, balance? | <input type="radio"/> | <input type="radio"/> | |
| 23 | Psyche | | | |
| | Are there any recognisable psychological or mental abnormalities (e. g. inappropriate moodiness or abnormal behaviour) or are there indications that there are currently stressful situations or conflicts? | <input type="radio"/> | <input type="radio"/> | |
| 24 | Musculoskeletal System | | | |
| | Are there signs of spinal disease or deformations or any other diseases of the musculoskeletal system? | <input type="radio"/> | <input type="radio"/> | |
| 25 | Other | | | |
| | a. Are there any enlarged lymph nodes? | <input type="radio"/> | <input type="radio"/> | Where? <input type="text"/> |
| | b. Are there any indications of endocrinological disorders? | <input type="radio"/> | <input type="radio"/> | |
| | c. Is there any suspicion of eating disorders, alcohol abuse or drug use? | <input type="radio"/> | <input type="radio"/> | |
| | d. Were there any other findings that could increase the risk level? | <input type="radio"/> | <input type="radio"/> | |
| 26 | Urinalysis (urine test strip) | | | |
| | Urine contains protein? | <input type="radio"/> | <input type="radio"/> | |
| | Urine contains sugar? | <input type="radio"/> | <input type="radio"/> | |
| | Urine contains erythrocytes? | <input type="radio"/> | <input type="radio"/> | |
| | Urine contains leukocytes? | <input type="radio"/> | <input type="radio"/> | |
| | Urine contains something else? | <input type="radio"/> | <input type="radio"/> | |
| | If the results from the urine test strip show abnormalities, please provide urinary sediment and quantitative data | | | |
| | | ⇒ | Ec <input type="text"/> | Lc <input type="text"/> |
| | | | Other <input type="text"/> | <input type="text"/> |

hereby confirm that I have questioned and examined the applicant and have answered the above questions 15 to 26 to the best of my knowledge and in good faith.

Place

Date

Signature of the physician

Comments:

(further conclusions, e. g. risk factors, suggestions for examinations and / or therapy)

[Large greyed-out area for comments]

Please enclose copies of available examination findings. Thank you

Physician's
address

[Greyed-out box for physician's address]

Phone []

Fax []

GLN []

ZSR []

eMail []

Signature _____
when sent electronic obsolete

Date []

**Electronic
transmission**

[Empty box for electronic transmission details]